How the LCH Colour Dash Works

1. Choose Your Colour Dash Event Date

Contact your Provision Lead to confirm your date with us.

2. Assembly Booking

We'll get in touch by email to book an in-person assembly. This need to take place between 2-6 weeks before your Colour Dash. Depending on the size of your school you may need to book in more than one assembly.

3. Event Materials

Once your assembly is booked, we'll send you:

- This guide (please read)
- A parent comms/letter template (please share)
- A generic risk assessment (please adapt to your school)

4. Assembly Details

An LCH team member will present the 15/20 minute assembly using a PowerPoint and a Colour Dash video from our You Tube Channel. We will need use of a screen and sound. All Assembly resources will be sent at least one week ahead of the assembly date.

5) On Assembly Day

Please let your office staff know we're coming. We will have LCH Lanyards and copies of our DBS forms. You may want to send out the comms to families at this point alongside a consent form to take part.

We'll also bring everything needed for the Colour Dash event, including:

- Sponsorship forms for all children (no need to print your own)
- Powered Paint (unless we have advised the supplier is delivering directly)
- Cups for throwing paint
- Stickers to hand out to all children at the finish line

It is essential that families return their completed sponsorship forms as these are what we use to gift prizes. Please keep reminding families, and ensure you keep them all in once place for when we collect.

6) 4 Weeks Before the Event

- Make sure all of your SLT are on board with the event planning
- Update the risk assessment to suit your school's needs
- Inform the Office - as they'll be collecting in the sponsorship forms and cash donations. They just need to pop it all in a box for us, no need to count the cash, we do all of that, we do need them to check returned sponsorship forms for completed names and classes, as this helps with prize distribution.
- Organise your Colour Dash staff team — assign roles for who's doing what.
- Staff can also take part in the fun, they can seek sponsorship and support us!

7) On the Day

- Set up 4 paint stations around your track on either your field or hard surface with tables, cups, and the powered paint - there will be 4 colours. Assign staff to each station.
- Have water and baby wipes ready in case paint gets on faces or in eyes (as noted in the risk assessment).
- Most schools run the Colour Dash during the last hour of the school day and send children home afterwards.
- Get lots of staff involved — it's more fun when everyone joins in and gets covered in paint!
- Give out stickers to children at the finish line
- Don't forget to share your photos and videos on social media using #LCHColourDash

8) Post Event

- We collect sponsorship forms and cash donations a week after the event to ensure all sponsorship forms are handed in.
- We will give you a day, rough time and named LCH staff member for collection.
- It is essential that families return their completed sponsorship forms. Please keep reminding families and ensure you keep them all in once place.
- We then count the donations, provide you with a total raised, and get a pupil prize list to you as soon as we can, along with prizes to hand out.
- Please bear with us, we are a small team and have a huge number of schools taking part. We follow up with a PDF certificate for you to share with your community and print if you wish.

EVERY CHILD TAKES PART

EVERY CHILD RECEIVED THE FIRST 2 PRIZES

NO CHILD MISSES OUT!

LCH Charity
Lifting Children's Hopes