How the LCH Colour Dash Works

1. Choose Your Colour Dash Event Date

Contact your Provision Lead to confirm your date with us.

2. Book an Assembly

We'll get in touch to book an in-person assembly. This need to take place between 2-6 weeks before your Colour Dash. You will need to know which Year Groups you are allowing to participate and potentially book us in for more than one assembly.

3. Event Materials

Once your assembly is booked, we'll send you:

- This guide (please read)
- A parent comms/letter template (for you to share)
- A generic risk assessment (please adapt to your school)

4. Assembly Details

An LCH team member will present a 15/20 minute assembly using a PowerPoint and a Colour Dash video from our You Tube Channel. We will need use of a screen and sound. All Assembly resources will be sent at least one week ahead of the assembly date.

5) On Assembly Day

Please let your office staff know we're coming. We will have LCH Lanyards and copies of our DBS forms. This is also the time you may want to send the comms out to families, with a consent form to take part.

We'll also bring everything needed for the Colour Dash event, including:

- Sponsorship forms for students (no need to print your own)
- Powered Paint (unless we have advised the supplier is delivering directly)
- Cups for throwing paint
- Participation stickers to give all students at the finish line

It can work best when schools use the sponsorship form as an entry ticket to the event, with a minimum sponsorship amount of £2-£5 to take part. However you can allow all students to take part in the event if this is preferred, but LCH rewards will only be gifted to students who have provided a completed sponsorship form.

6) 2-4 Weeks Before the Event

- Make sure all of your SLT are on board with the event planning
- Update the risk assessment to suit your school's needs
- Inform the Office - as they'll be collecting in the sponsorship forms and cash donations. They just need to pop it all in a box for us — no need to count the cash - we do all of that, we do need them to check returned sponsorship forms for completed names and forms, as this helps with prize distribution.
- Organise your Colour Dash staff team — assign roles for who's doing what.
- Staff can also take part in the fun, they can seek sponsorship and support us!

7) On the Day

- Set up 4 paint stations around your track on either your field or hard surface with tables, cups, and the powered paint - there will be 4 colours. Assign staff to each station.
- Have water and baby wipes ready in case paint gets on faces or in eyes (as noted in the risk assessment).
- Most schools run the Colour Dash during the last hour of the school day and send students home afterwards.
- Get lots of staff involved — it's more fun when everyone joins in and gets covered in paint!
- Give out stickers to all participating at the finish line.
- Don't forget to share your photos and videos on social media using #LCHColourDash

8) Post Event

- We will be collecting sponsorship forms and cash donations a few working days after the event to ensure any late donations have time to come in, we will liaise with you about this following the event.
- We then count the donations, provide you with a total raised, and get a student prize list to you as soon as we can, along with prizes to hand out. Prizes will be with you a few weeks after collection of sponsorship forms.
- Please bear with us, we are a small team and have a huge number of schools taking part. We follow up with a PDF certificate for you to share with your community and print if you wish.